STAGES OF HERO'S JOURNEY IN KARATE KID

STAGE 1: THE CALL

STAGE 2: REFUSAL OF THE CALL

STAGE 3: ASSISTANCE

STAGE 4: TRIALS/TRAINING

STAGE 5: THE ABYSS/CHALLENGE

STAGE 6: THE TRANSFORMATION

STAGE 7: DOUBT/TEMPTATION

STAGE 8: THE REWARD

STAGE 9: THE HOMECOMING
KARATE KID DIRECTIONS

1. ACQUAINT YOUR SON/DAUGHTER WITH HERO'S JOURNEY CIRCLE

2. WATCH THE MOVIE WITH HERO'S JOURNEY CIRCLE AND ASK THEM TO IDENTIFY THE STAGES

3. DEPENDING ON AGE, ASK THEM TO TAKE THE ASSESSMENT OR WORK WITH THEM ON THE ASSESSMENT

4. ASK THEM IF THEY CAN THINK OF OTHER MOVIES OR BOOKS THAT HAVE SOME OF THE ELEMENTS OF THE HERO'S JOURNEY

GO TO ASSESSMENT
Stage 1
The Call
Daniel is living in New Jersey, and does not want to move to California.

Have you ever had the Call? Describe a time you were asked to do something important and meaningful to you, but you didn’t want to do it:

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________________________________________________________________________

________________________________________________________________________

Stage 2
Refusal of the Call
Daniel refuses to move, he is angry, shy, scared.

Describe how you responded to the Call, were you depressed, angry, scared?

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Stage 3
The Meeting
Daniel meets Mr. Myagi, after being bullied Mr. Myagi befriends him.

Did you have help in the form of a coach, friend, teacher?

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________________________________________________________________________
Stage 4
Trials/Training
Daniel encounters bullies again: Mr. Myagi begins to teach Daniel a new skill, “wax on, wax off”

Stage 5
The Abyss
Daniel must face his fear of fighting and losing face in front of everyone

Stage 6
Transformation
Daniel accepts the challenge, Mr. Myagi tells him it is most important to do his best

What were your “tests?”
Did you learn a new skill?

Describe what you experienced:
did you feel alone, depressed, like an outcast, like life was coming to an end?

Did something in you change?
Do something different?
Did you accept a challenge?
Call somebody up?
Turn out for a team or event?
Stage 7
Doubt/Temptation
Daniel is injured and doesn’t think he can go on.

Did you feel any hesitation? Or challenges? Car break down?

Stage 8
The Reward
Daniel wins tournament, is victorious

If you followed through, did you feel rewarded? Sense of satisfaction?

Stage 9
The Homecoming
Daniel receives the adoration and respect of the girl, Mr. Myagi, and even his former foes, has a new sense of self-worth

Did you see yourself or did others see you differently?